

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

# NEW BEAUTY

**\* THE LATEST  
ANTI-AGING DIET  
AND SKINCARE PLAN**

MOISTURE MOLECULES THAT  
**ERASE LINES  
IN SECONDS**

# MAKEOVER ISSUE

**CELEBRITIES  
WITHOUT  
MAKEUP...**  
THEIR PERFECT SKIN SECRETS

THE 10-MINUTE  
**CELLULITE  
SMOOTHING  
MACHINE**

LOOK FOR  
PI DENTAL  
FEATURED IN  
THIS ISSUE

# MY DENTAL

## MAKEOVER STORY



**MY SMILE PROBLEMS—MISSING TEETH, PERIODONTAL DISEASE AND DECAY—CAN BE TRACED BACK TO WHEN I WAS YOUNGER.** I had a few bad dental experiences as a child, which caused me to neglect my smile out of fear of visiting the dentist. As a result, I started losing my teeth about 15 years ago. But I was afraid to do anything about it, which only made the situation worse.

The older I got, the more of a problem it became. I put my fears aside and considered a smile makeover. One of my daughters, who works with renowned cosmetic dentists, recommended Dr. Balshi for a complete smile makeover. I trusted her opinion and was eager to get started.

**MY FIRST APPOINTMENT** From the very first phone call, I knew I was in good hands. When I arrived for my consultation, I was greeted by a friendly patient concierge, who escorted me into a private treatment room. At each visit she remained by my side, making the process as seamless as possible. When I met Dr. Balshi, all of my anxieties disappeared. He asked about my family, taking a personal interest in my life. I really appreciated him getting to know me as a person, not just as a prospective patient. Once we started talking about my smile, Dr. Balshi was eager to hear my goals. Rather than tell me what he thought was wrong, he involved me in the process, asking what I hoped to achieve.

**WHAT DR. BALSHI SAYS** Bob's mouth had deteriorated over the years. His teeth were severely decayed and worn down from years of damage. From a clinical standpoint, he was the perfect candidate for my Teeth In A Day makeover.

He spent about three hours with me, examining my smile and performing a host of pre-treatment procedures, such as X-rays, dental impressions and a CAT scan. After reviewing the information, he recommended dental implants, to replace my upper and lower teeth, and explained

how his Teeth In A Day procedure relies on a computer-generated surgical guide (created beforehand) to avoid secondary surgical visits and incisions.

**WHAT DR. BALSHI SAYS** Prior to the procedure, we took a sample of Bob's blood, separating out the platelets that contain growth factors. Then, during the surgery, we coated the implants with the growth factors because they are known to speed healing.

**MY EXPERIENCE** I was excited when I arrived at Dr. Balshi's office. After a few last-minute questions were answered, local anesthesia was administered so I wouldn't feel anything during the procedure. Dr. Balshi was intent on making sure I was comfortable and constantly asked if I was OK. I was so relaxed, I even fell asleep at one point. A few hours later, after my smile makeover was complete, Dr. Balshi took some X-rays and another CAT scan, finalizing my treatment.

**WHAT DR. BALSHI SAYS** Bob was extremely cooperative. We were able to complete the surgery both quickly and efficiently. My goal for Bob was to create a smile that restored the youth and vitality of his mouth, adding vertical dimension back into the lower third of his face.





## NEW TEETH IN A DAY?

Developed by Dr. Balshi more than 15 years ago, the smile-makeover procedure replaces patients' damaged teeth with a complete set of new ones, within a single dental visit. First, at a pre-treatment consultation, Dr. Balshi takes a three-dimensional CAT scan of the patient's jaw, reproducing the results on a computer screen. The files are sent to a laboratory that creates a surgical template for him to use during the procedure. The day of surgery, Dr. Balshi removes the patient's original upper and lower teeth, along with any periodontal disease. Immediately afterward, he anchors dental implants into the jaw based on the computerized surgical blueprint. From there, a new set of teeth is screwed on top of the implants, and patients leave with a new, beautiful smile. Several months later, Dr. Balshi replaces the temporaries with a stronger set of permanent teeth.

**MY NEW IMAGE** I was eager to see what I looked like, but a little nervous, too. Since I hadn't had a nice smile in years, I couldn't imagine what to expect. When I looked in the mirror, I saw a gorgeous white set of teeth smiling back at me. My smile looked natural, and it was exactly what I wanted. Dr. Balshi said the best was yet to come once the laboratory made my final, permanent teeth, but I couldn't imagine loving my smile any more than I already did.

**MY LAST STEP** A few months later, I returned to undergo the final part of the procedure, which didn't require any anesthesia. Dr. Balshi unscrewed my teeth from the implants and replaced them with a set of permanent teeth. When he showed me my new, fully completed smile, I was in awe. Dr. Balshi left tiny spaces around my teeth to make sure my smile looked natural, like I was born with it. He completely restored my self-esteem and confidence in dentistry!

**WHAT DR. BALSHI SAYS** Bob was an excellent patient and did a great job communicating his goals. He chose a tooth shade that is very close to his natural color. His smile looks very natural and subtle, just like he requested.

**MY FINAL RESULTS** I can't stop smiling and I love looking in the mirror now. I feel like I've had my new smile forever. My wife and children all feel the same way and can't believe how great I look. Dr. Balshi and his staff really went above and beyond.

**WHAT DR. BALSHI SAYS** Bob and I made a great team. I am very pleased with the results and am so glad I got to know him. Bob will have these teeth for as long as he continues to smile—the rest of his life.

**MY TRANSFORMATION** Since living with my new smile for a few months now, I couldn't be more pleased! I feel more confident than I have in years, and I cannot thank Dr. Balshi enough. He changed my outlook on dentistry, proving it can be very uplifting—to say the least.



Procedure performed by  
Thomas J. Balshi, DDS.

## ABOUT THE EXPERT...



**DR. THOMAS J. BALSHI**  
PROSTHODONTIST

A Diplomate of the American Board of Prosthodontics, **Thomas J. Balshi, DDS, of Fort Washington, PA**, enjoys a time-honored reputation for his cosmetic and restorative dental implant advancements. Having trademarked his computer-driven **Teeth In A Day** smile-reconstruction protocol, and popularizing the **Teeth In An Hour** procedure, Dr. Balshi boasts 37 years of prosthodontic experience. He has appeared on *Good Morning America* and *The Today Show*, demonstrating the very procedures he pioneered. His all-inclusive practice, the **Pi Dental Center at the Institute for Facial Esthetics**, is routinely frequented by patients worldwide, as well as other dentists interested in learning his **groundbreaking techniques**. With two on-site, state-of-the-art laboratories and a welcoming ambience, the Pi Dental Center is a distinctive destination for **highly innovative, leading care**.