Bone resorption in the jaws is an inevitable consequence of edentulism. It leads to reduction of bone volume in the residual alveolar ridge, creating serious problems in the treatment of patients with conventional removable dentures. In addition to lack of denture support, bone loss in the edentulous jaw also leads to circumoral hypotonia and collapse. In extreme cases, this may result in loss of the patient's facial form.1

There are three general areas to consider for the treatment of the severely atrophic mandible: the superior border, the body of the atrophic mandible itself, and the inferior border. Several methods of surgical bone and ridge augmentation have been used with variable results. These include onlay bone grafts, visor-sandwich osteotomy augmentation, hydroxyapatite ridge augmentation, vestibuloplasty/lowering the floor of the mouth, and the use of osseointegrated endosseous implants. Treatment options such as vestibuloplasty or lowering the floor of the mouth are not applicable for the extremely atrophic jaw.

The use of osseointegrated implants has been shown to be an effective method for restoring the dentition, either with a fixed bone-anchored prosthesis or a stabilized overdenture. A minimum amount of bone is required for osseointegration.

Fugler et al3 reported on 28 patients with severely resorbed mandibles, all of whom were treated with osseointegrated implants without bone grafts. This study concluded that implant treatment for severely resorbed mandibles was successful and effective. Extremely severe atrophy can lead to pathologic and spontaneous fractures.4,5

A minimum of 5 mm of bone height and 6 mm of bone width is recommended for endosseous implant placement.6,7 There are a variety of opinions regarding the number of implants to use in treating the severely atrophic edentulous mandible. Worthington7 advocates using only four implants and suggests that an attempt should not be made to spread the load over a wider area of the jaw by using more implants. However, five to six implants have been used successfully in similarly atrophic mandibles for more than 5 years (unpublished results, Prosthodontics Intermedia, Fort Washington, PA). A mandibular inferior border graft has the potential to add bone volume to an extremely atrophic mandible and to provide a viable site for osseointegrated implants.8


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layers to eliminate dead space. The patient was seen postoperatively and healed uneventfully (Fig 3).

**Stage 1 Surgery.** Seven months after inferior border graft placement, the patient reported chronic pain in the right mandible and dysesthesia caused by severe atrophy of the mandible with exposure of the mental nerve on the residual ridge crest. An intraoral incision was made to expose the mental nerve. Surgical dissection also exposed the grafted portion of the mandible, which appeared to be very well ossified.

The inferior alveolar nerve was repositioned in a carefully prepared channel cut into the buccal cortex of the mandible, thereby relocating the neurovascular bundle inferiorly (Fig 4a). Following this procedure, six 18 × 3.75-mm Brånemark titanium implants (Nobelpharma AB, Gothenburg, Sweden) were placed in the anterior mandible between the mental foramina (Fig 4b).

The incision was closed with interrupted sutures, and the patient was prescribed the usual medication regimen (penicillin V four times a day, acetaminophen and codeine phosphate [60 mg codeine] once every 4 hours, chlorhexidine gluconate oral rinse three times a day). Three weeks following implant placement, a temporary removable complete denture was modified and relined with a soft base material. Five weeks after implant placement, the patient presented with a minor submandibular swelling that
Case Report

A 64-year-old woman presented with a severely atrophic mandible and was unable to wear a conventional removable denture. Radiographic examination revealed an atrophic mandible with less than 4 mm of bone height, a situation with a high risk for spontaneous mandibular fracture (Fig 1). Clinical evaluation revealed ulcerated mucosa that had resulted from attempts at wearing a removable denture. The patient was psychologically stable but was considered “high strung” and “intense.”

The treatment plan devised prescribed mandibular rehabilitation to be carried out in several phases, beginning with a bone graft to the inferior mandibular border and ending with a fixed implant-supported prosthesis. The following describes a multistage treatment program for a patient requiring this form of orofacial rehabilitation.

Surgical Procedure for Inferior Border Graft. The initial neck incision extended from the angle of the mandible across the cricoid region to the contralateral mandibular angle. Appropriate dissection of the flap exposed the entire inferior border of the mandible (Figs 2a and 2b). The periosteum was elevated 2 to 3 mm superiorly from the inferior border to preserve the blood supply to the existing severely atrophic mandible. A cadaver mandible was reconstituted 3 hours prior to the surgical procedure using clindamycin (900 mg) and saline (500 cc), with gentamicin (80 mg). The cadaver mandible was hollowed out using a pineapple-shaped bur with copious irrigation, creating a hollow crib to contain the contents of the bone graft. Autogenous marrow was obtained from the anterior iliac crest. Autogenous cancellous bone, also taken from the anterior iliac crest, was processed through a bone mill.

To extend the volume of the autogenous graft, 30 cc of freeze-dried cortical bone chips (100 to 200 μm in size) were added. The freeze-dried bone chips were also reconstituted in clindamycin and gentamicin approximately 1 hour before use. A homogenous mixture of marrow (60%) and cancellous bone (40%) was then compressed to extrude any saline and antibiotic solution to obtain a compact mass of bone graft material. It was then placed in the cadaver mandible. Bacitracin irrigation (50,000 units in 250 cc of saline) was used to prepare the recipient bed prior to the placement of the cadaver mandible crib. Six transcoronal holes were drilled through the inferior border of the mandible with a 1-mm wire-passing bur to allow the passage of 3-0 Maxon sutures, which were used to stabilize the crib after its placement against the inferior border of the patient’s mandible. The cadaver crib was scored on its inferior surface, creating grooves to stabilize the Maxon sutures and prevent movement of the crib. Voids between the recipient mandible and the cadaver graft were packed with grafting material prior to closure. Closure of the wound was done in

Fig 1 Preoperative lateral cephalometric radiograph. Radiopaque outline of maxillary and mandibular incisors shows the lip support provided by the removable prosthesis.

Fig 2a Surgical exposure of the inferior border of the mandible.

Fig 2b Ligation securely fastens cadaver graft to the mandible.
Discussions

Rehabilitation of the lower third of the face for patients with severe mandibular atrophy has been unsuccess fully attempted using hydroxyapatite ridge augmentation, visor-sandwich osteotomy, and onlay bone grafts stabilized with titanium screw implants. However, osseointegrated endosseous implants have been used to restore severe mandibular atrophy.

When less than 5 mm of bone height precedes the direct placement of implants, augmentation of the mandible inferiorly may be considered. An inferior border graft of autogenous and freeze-dried demineralized bone in a cadaver mandible crib can become a viable host for the osseointegration of titanium screw implants once the graft site has ossified.

In considering why implants might work more successfully with an inferior border graft than an onlay graft, some thought should be given to the known resorption process long noted with onlay grafts. This type of bone resorption may be the result, in part, of indirect intraoral loading, which prematurely and inadvertently occurs during oral function. In our experience, onlay rib bone grafts stabilized with endosseous implants resorb almost completely within 3 years, requiring removal of the original implants and placement of additional implants. However, our experience also shows little change in bone height or resorption around Brånemark System implants in the original mandible 4 years following initial placement and loading. Considering the lack of bone resorption noted around these implants, even in severely atrophic mandibles, the concept of engaging the superior cortex of the original mandible with the countersink bevel of the Brånemark implant is appealing, especially if the apical portion of the implant can extend through the inferior cortical border of the original mandible and then engage a third cortical plate of the grafted cadaver mandible (Fig. 7).

Following stage 2 surgery, immediate loading of an implant places the greatest stress on the most dense cortical bone at the upper third of the implant. It appears from radiographic study of severely atrophic mandibles, with or without inferior border grafts, that horizontal bone loss and postloading angular osseous defects are negligible up to 3 years postoperatively. This negligible bone loss demonstrates the superior results achieved with threaded implants in the severely atrophic mandible in conjunction with an inferior border graft. This observation may be partially a result of the long-standing vitality of the original mandibular cortices and the ability of this area of the bone-implant interface to remodel favorably, as demonstrated historically. Assuming vitality of the grafted area, extrapolation could suggest that maturing bone in the grafted crib will also favorably remodel in the region of the apical portion of the loaded implant.

Summary

Facial and oral rehabilitation of the lower third of the face in patients with extreme mandibular atrophy has been attempted with a variety of treatments. Grafting procedures such as visor-sandwich and onlay grafts have limited application because of the highly pre-
Stage 2 Surgery. Four months following implant placement, the mandibular implants were uncovered. All six implants were stable and appeared to be osseointegrated. A provisional fixed conversion prosthesis\textsuperscript{9–11} was fabricated immediately following stage 2 surgery. Final impressions were made imme-
diately after the abutment connection. The conversion prosthesis was used to record occlusal vertical dimension and to permit final articulation of the mandibular master cast. An irreversible hydrocolloid impression of the conversion prosthesis was poured to create a cast for recording the position of the teeth and the screw access holes for the fixed detachable prosthesis. The conversion prosthesis (Fig 5) restored oral function and provided excellent support for the muscles and tissues of the lower third of the face (Figs 6a and 6b).
dictable resorption experienced with onlay grafts, or the moderate resorption and other complications with the visor-sandwich technique.

Preservation of an existing mandible, with its generally dense cortical composition in the resorbed state, appears to be a prerequisite for the successful use of osseointegrated implants. Bone height of 5 to 7 mm is required when threaded Bränemark System implants are used without ridge augmentation; however, pathologic fracture remains a risk factor.

When bone height is less than 5 mm, augmentation of the ridge using an inferior border graft may be considered. This procedure requires substantial autogenous bone, usually harvested from the iliac crest, in combination with a freeze-dried cadaver mandible. An extended healing time of 6 to 8 months is necessary for the graft to ossify prior to the placement of endosseous implants. The implants should completely penetrate the original mandible and engage the cortex of the inferior border of the grafted mandible.

Although initially stable and clinically successful, long-term follow-up of patients treated with inferior border grafts and a fixed prosthesis is necessary. For the short term, however, it appears that collapse of the lower third of the face can be resolved using an inferior border graft in a severely atrophic mandible followed by a fixed restoration anchored to Bränemark osseointegrated implants.

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References


Résumé

Rehabilitation Mandibulaire: Etude de Cas Traité à l’Aide de Grefle de Cadavre

L’augmentation par ostéotomie intercalée dite "visor" et les greffes osseuses de recouvrement font partie des méthodes diverses en vue de réhabilitation du tiers inférieur de la face et de la fonction orale. Ces méthodes aboutissent cependant à des résultats imprévisibles. Le traitement de choix se présente lorsque l’on dispose de suffisamment d’es de vue de la reconstruction des maxillaires atrophiées à l’aide d’implants endo-osseux. L’adjonction d’une greffe osseuse au rebord inférieur peut être considérée pour les patients présentant une délicieuse osseuse vue de traitement implantaire conventionnel.

Zusammenfassung

Die Augmentation des Unterkieferknochens zur mandibulären Rekonstruktion: Eine Fallbericht unter Verwendung von Allogenen Knochen


Resumen

Rehabilitación mandibular: Un caso en el que se utilizó un injerto de la parte inferior de un cadáver

Se han reportado varios métodos para la rehabilitación del tercio inferior de la cara y para la restauración de la función oral. Ejemplos de estos métodos son el aumento y osteotomía en sandwich-visor y los injertos óseos "onlay". Sin embargo, estos métodos no han presentado resultados prometedoras. Cuando existe suficiente hueso para la reconstrucción de mandíbulas atrofiadas, por medio de implantes endosseos, éste puede ser el tratamiento preferido. En pacientes con hueso insuficiente para el tratamiento convencional con implantes, el uso adicional de un injerto para el bordo inferior puede ser considerado.